







Juggling family life...?



...we're here to help.

**Every family goes through ups and downs.
Let us help you to find the answers.**

We can offer you a wide range of support with

-  **emotional wellbeing**
-  **special educational needs and disabilities**
-  **financial, housing or employment challenges**
-  **supporting your child's behaviour**
-  **support for new parents**
-  **activities for children of all ages**

 **01323 46 46 55**

 **familyhubs@eastsussex.gov.uk**

